

What Issues can you Help me With?

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I specialize in Weight Management, School/Sports/Sales Performance and the Treatment of Fears and Phobias, and have considerable experience and success in helping my clients:

- Quitting Smoking
- Becoming Your Ideal Weight
- Building Confidence
- Stress Reduction
- Pain Management
- Overcoming Fears / Phobias
- Enhancing Performance in Sports, School and Sales

- Childhood / Teen Issues
- Increasing Motivation
- Getting out of Depression
- Reducing Anxiety & Stopping Panick Attacks
- Resolving Erectile Dysfunction, Premature Ejaculation and Loss of Libido